



# **ST. ANNE'S DEGREE COLLEGE FOR WOMEN**

Permanently Affiliated to Bengaluru City University  
Recognized by UGC under Section 2(f), Accredited with 'A' Grade by NAAC  
ISO 9001:2015 Certified Institution  
#23, Cambridge Road, Halasuru, Bangalore- 560008



## **CRITERION - VII**

### **7.1.9 – SENSITIZATION OF STUDENTS AND EMPLOYEES OF THE INSTITUTION TO THE CONSTITUTIONAL OBLIGATIONS**



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Student Council Elections
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Human Rights Cell
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## STUDENT COUNCIL



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**SWO**

21<sup>st</sup> Oct 2022

### **CIRCULAR**

***Subject: Student Council Election***


This is to inform that SWO in collaboration with IQAC is organizing Student Council Election for all the Student Council members along with the entire faculty on 4<sup>th</sup> November 2022.

  
**Vijaya Kumari**  
**SWO Coordinator**

**Student Welfare Officer (SWO)**

St. Anne's Degree College for Women,  
Halasuru, Bengaluru - 560 008



  
**PRINCIPAL**  
**PRINCIPAL**  
**St. Anne's Degree College**  
**For Women**  
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### STUDENTS WELFARE OFFICE

#### STUDENT'S COUNCIL ELECTION 2020-21

It was the process of selection and election, Management, Principal and the faculty of all departments selected eligible students based of the Academic records. The student council election was scheduled on Wednesday 4<sup>th</sup> November 2022. The briefing of rules and regulation was done to the students in prior. The nomination forms were distributed on 30<sup>th</sup> October 2022 and the last day of filling the nominations was informed to the students. Students participated in the election with a lot of enthusiasm.

The students were scrutinized and were informed to have a peaceful canvassing for two days in the campus and social media platforms.

#### **Elected Student Council Members:**

NAME OF THE POST	CANDIDATE NAME	CLASS
PRESIDENT	SHALINI. J	III BCOM
VICE PRESIDENT	JHANSI RANI	II BSC (Rehab)
TREASURER	SANGAVI	II BCOM
SECRETARY	NAVYA RANI	III BA
CULTURAL SECRETARY	THANISHAA. S	II BBA
SPORTS SECRETARY	SNEHA.R	II BCOM
JOINT CULTURAL SECRETARY	RESHMA	I BSC (Rehab)
JOINT SPORTS SECRETARY	SANJANA	I BCOM
PC SECRETARY	FEMINA	II MCOM

The STUDENT WELFARE OFFICE conducted a free and fare election for the selection of the Student Council members. The students of the departments were involved in casting the votes. The votes were casted for the post of President, Vice President, Treasurer, Secretary, PG Secretary, Cultural Secretary, Sports Secretary, Joint Cultural Secretary and Joint Sports Secretary. Around 25 students contested for all the different posts. The students were given time of two days to campaign for the elections. After the completion of casting of vote, the Student Welfare office appointed faculties for counting of the votes. The result of the election



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was announced by Secretary Rev. Mother, Margaret Fatima Mary and Principal, Prof. Nisha Joseph. The team of Student welfare Office was applauded for the successful conducting of election.



*Nisha Joseph*  
PRINCIPAL  
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## **ANTI-SEXUAL HARASSMENT / WOMEN'S CELL**



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### ANTI SEXUAL HARASSMENT CELL REPORT 2022-23

Anti Sexual Harassment Committee members for the academic year 2022-23 were Dr Neha Mantri, Ms. Sangita, Ms Sobha and Ms. Arul. Following events were conducted in this academic year:

#### GUEST LECTURE FOR STUDENTS ON 17/09/22

Gender inequality, discriminatory social norms, cultural taboos, poverty and lack of basic services often cause girls' and women's menstrual health and hygiene needs to go unmet. Adolescent girls may face stigma, harassment and social exclusion during menstruation.

Anti Sexual Harassment Cell conducted a session in our college on 17-sep-22 at 10:30 am for students for Confidence build up, Overcome Nervousness, How to face an Interview during monthly cycle and Menstrual Hygiene 96 students attended the guest lecture.

#### INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN PROGRAM ON 21/11/22

Anti Sexual Harassment Cell planned to visit an NGO Aweksha : A Charitable Women's Trust on 21-nov-22 at 9:30 am in their premises. This program has enlightened our students in identifying Abusive Relationships, Prevention of Domestic Violence and eliminating all forms of violence and discriminations against young girls and women. 21 students along with Dr Neha Mantri and Ms Sangita attended the program.





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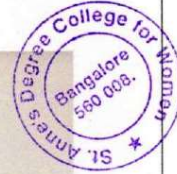
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Coordinator  
Anti Sexual Harassment Cell / Women's Cell  
St. Anne's Degree College for Women,  
Halasuru, Bengaluru - 560 008

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### ANTI SEXUAL HARASSMENT CELL

Participants list for orientation program to Aweksha NGO

Date: 21<sup>st</sup> November 2022

Sl.no	Name of the student	Class	Register number	Phone Number	Signature
1	SAHANA M.	II BSc (Rehab)	U18HG21S0090	8105452283	Sahana M
2	SALOME W.	II BSc (Rehab)	U18HG21S0002	9538837117	Salome W
3	RAZIA BEGUM	II BSc (PMC)	U18HG21S0066	9626238870	Razia
4	SAI DEEPHEKA	II BSc (PMC)	U18HG21S0063	9535935025	Deepheka
5	TEJASHWINI.G.B	III B.Com	C2044521	7204216235	Tejashwini B
6	vijayalakshmi.v.	III B.COM	C2044533	964146608	vijayalakshmi
7	shalini's	III B.com	C2044507	8296228711	Shalini's
8	Priya Deevshini.B	III B.com	C2044486	8431027988	Priya Deevshini B
9	Carolina	III BCA	R2019602	9538656975	Carolina
10	shalini	III BCA	R2019627	9980598684	Shalini
11	Samiksha	III BCA	R2019625	8197584267	Samiksha
12	Megha	III BCA	R2019615	7259629946	Megha
13	Syrranji.P	III BA	A62019614	8618498853	Syrranji
14	CLAUDSA THOMAS	III BA	A2019603	9845036598	Claudia Thomas
15	Niyya	III B.Com	C2044477	8971330635	Niyya
16	Roshni paikira	III B.Com	C2044499	6362672923	Roshni
17	Shalini.J	III B.Com	C2044505	7996601043	Shalini J
18	Stella Mary.J	III B.com	C2044515	9019869826	Stella Mary J
19	Mamatha.C.M	III B. Com	C2044460	7349074116	Mamatha
20	Boonika.d	III B. Com	C2044416	9535487265	Boonika
21	Malini.N	III B.COM	C2044458	9380607190	Malini

Coordinator

Coordinator

Anti Sexual Harassment Cell / Women's Cell  
St. Anne's Degree College for Women,  
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Principal

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### ANTI SEXUAL HARASSEMENT CELL

### Personality Development and Menstrual Hygiene

### ATTENDANCE LIST 17/09/22



SI NO	NAME	SIGNATURE
1	Karunniya Sandha.M. - I <sup>st</sup> BCA	<i>Karunniya Sandha.M.</i>
2.	VINISHA.S - I <sup>st</sup> BCA	<i>Vinisha.S</i>
3.	Sharon.S - I <sup>st</sup> BCA	<i>Sharon.S</i>
4.	Pujanka meena I <sup>st</sup> BCA	<i>Pujankameena</i>
5.	SAKJANA.S I <sup>st</sup> BCA	<i>Sakjana.S</i>
6.	Ameepana Mary.I I <sup>st</sup> BCA	<i>Ameepana.</i>
7.	Lavanya.R I <sup>st</sup> BCA	<i>Lavanya.R</i>
8.	Indu.R - I <sup>st</sup> BCA	<i>Indu.R</i>
9.	Subitha.E - I <sup>st</sup> BCA	<i>Subitha.E</i>
10.	Manjula - I <sup>st</sup> BCA	<i>Manjula</i>
11.	Pindhu.Y - I <sup>st</sup> BCA	<i>Pindhu.Y</i>
12.	S.Malini - I <sup>st</sup> BCA	<i>S.Malini</i>
13.	Renuka.R - I <sup>st</sup> BCA	<i>Renuka.R</i>
14.	Jenifer Angel.R - I <sup>st</sup> BCA	<i>Angel.R</i>
15.	Aishwarya.A - I <sup>st</sup> BCA	<i>Aishwarya.A</i>
16.	Naga Priya - I <sup>st</sup> BCA	<i>Naga Priya</i>
17.	Supriya - I <sup>st</sup> BCA	<i>Supriya</i>
18.	Tanushree.G.N I <sup>st</sup> BCA	<i>Tanushree.G.N</i>
19.	Preethika.C - I <sup>st</sup> BCA	<i>preethika.C</i>
20.	Deekshitha.G - I <sup>st</sup> BCA	<i>Deekshitha.G</i>
21.	POOJA.V I <sup>st</sup> BCA	<i>Pooja.V</i>
22.	S.Preethi	<i>S.Preethi</i>
23.	Jyothi.V I <sup>st</sup> BCA	<i>Jyothi.V</i>
24.	Sudhamani I <sup>st</sup> BCA	<i>Sudhamani D.B.</i>
25.	Lashika.S I <sup>st</sup> BCA	<i>Lashika.S</i>



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SI NO	NAME	SIGNATURE
26.	Jasmine.A IBCA	Jasmine A
27.	Priyadarshini.V - 1 <sup>st</sup> BCA	v.pri
28.	Vennila.M - 3 <sup>rd</sup> BCA	Vennila
29.	Janani.S - 1 <sup>st</sup> BCA	Janani.S
30.	Shalini.B IBCA	Shalini.B
31.	Sanjana.H I BCA	Sanjana.H
32.	Teena.Hallis.P IBCA	Teena.P
33.	Jenishajana.J	Jenishajana.J
34.	Jeniffer.T	Jenif
35.	Pragathi.v	Pragathi.v
36.	Kavya.M - IBCA	Kavya
37.	Sandhya.S - I BCA	Sandhya
38.	Bhavani.S - I BCA	Bhavani.S
39.	Jasmeen Khatun.M - IBCA	Jasmeen
40.	Gayathri.M.N	Gayathri
41.	Kavyashree.N	Kavyashree.N
42.	Thanya.A.S	Thanya
43.	Deepthi.M - IBCA	Deepthi.M
44.	Ashna Biju - I BCA	Ashna
45.	Bathala Manjula - IBCA	Manjula
46.	Madhura.S IBCA	Madhura
47.	Annie Flora.S I BCA	Annie Flora.S
48.	Bhadr.A 1 <sup>st</sup> BCA	Bhadr.A
49.	Jyoti.V 1 <sup>st</sup> BCA	Jyoti.V
50.	Keerthana.P 1 <sup>st</sup> BCA	Keerthana.P
51.	Harini.V 1 <sup>st</sup> BCA	Harini
52.	Priyadarshini.S 1 <sup>st</sup> BCA	Priyadarshini
53.	Preethika.V 1 <sup>st</sup> BCA	Preethika
54.	Tulasi.A.S. - 1 <sup>st</sup> BCA	Tulasi.A.S.
55.	Madhu Mitha.R - 1 <sup>st</sup> BCA	Madhumitha.R
56.	M.Thabarak Banu - 1 <sup>st</sup> BCA	Thabarak
57.	Preethika.Gamesh 1 <sup>st</sup> BCA	Preethika
58.	Aishwarya.R 1 <sup>st</sup> BCA	Aishwarya.R





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SI NO	NAME	SIGNATURE
59	Rakshitha.V 2 <sup>nd</sup> BCA	Rakshitha.V
60	Mary Rufina.VI <sup>th</sup> BCA	Rufina
61	Shalithi Prinja.RI <sup>st</sup> BCA	Shalithi Prinja.R
62	Nisha I <sup>st</sup> BCA	Nisha N
63	Rincy Janet I <sup>st</sup> BCA	Rincy Janet
64	Snega.Y I <sup>st</sup> BCA	Snega.Y
65	Sowmya.V I <sup>st</sup> BCA	Sowmya.V
66	Chandra muki I <sup>st</sup> BCA	Chandra Muki
67	Swetha.S I <sup>st</sup> BCA	Swetha.S
68.	Anupriya I <sup>st</sup> BCA.	Anupriya
69.	Prayadharshini I <sup>st</sup> BCA.	Prayadharshini
70	Anoela Monica.C I <sup>st</sup> BCA	Anoela Monica.C
71	Archana.W I <sup>st</sup> BCA	Archana.W
72	Kesathi.V "	Kesathi.V
73.	Vedha - eww " "	Vedha - eww
74.	Abhirami.S.M. "	Abhirami.S.M.
75.	Blessyop I <sup>st</sup> BCA	Blessyop
76.	Kunkum. "	Kunkum.S
77	Reshma "	Reshma
78	Juhi.R "	Juhi.R
79.	Rakshitha B.T "	Rakshitha
80	Joshna.L	Joshna.
81.	Menaka.G	Menaka.G
82.	Swetha.K	Swetha.K
83	Swetha.B	Swetha.B
84	Joyce.	Joyce.
85	Buma.V	Buma.V
86	Ashmatha.R	Ashmatha.R
87	Pooja.R	Pooja.R
88	Akshaya	Akshaya
89	Deepika	Deepika
40	Ashwini	Ashwini
41	Ananya.N	Ananya.N
42	Vaiveni	Vaiveni
43	Sindhu	Sindhu





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H6 Prasanna P

Coordinator  
Anti Sexual Harassment Cell / Women's Cell  
St. Anne's Degree College for Women,  
Halasuru, Bengaluru - 560 008

Principal  
St. Anne's Degree College  
For Women  
# 23, Cambridge Road, Halasuru,  
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Sl. No.	Name	Roll No.
1	Prasanna P	100
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## **EQUAL OPPORTUNITY CELL (HUMAN RIGHTS CELL)**



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### CIRCULAR

#### HUMAN RIGHTS CELL

**Date: 6<sup>th</sup> February 2023**

#### ***Subject: Voter Enrollment Drive Sweep Activity***

This is to inform that Human Rights Cell is conducting a **Voter Enrollment Drive Sweep Activity** on 13<sup>th</sup> February 2023 for all students.

  
**COORDINATOR**

**Coordinator**  
*Human Rights Cell*  
St. Anne's Degree College for Women  
Halasuru, Bengaluru - 560 008



  
**PRINCIPAL**

**PRINCIPAL**  
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## INVITATION



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**ELC, Human Rights Cell and NSS Unit**  
in collaboration with BBMP

Organizes  
**A VOTER ENROLLMENT DRIVE**  
**SWEEP ACTIVITY**



**Resource Person**

**KHAZI NAFEESA**

BBMP-AERO Sweep Officer

**UMESH**

Revenue Officer

**SHOBHA**

Assistant Revenue Officer

**Date:** 13/02/2023

**Venue:** Auditorium

**Time:** 11A.M

**Registration link:**

<https://forms.gle/3P5B4QH7JyF28amcA>

Rev.Sr.Dr.Margaret Fatima Mary  
Secretary

Prof.Nisha Joseph  
Principal

Dr.Prameela  
Coordinator

Dr .R. Ramesh Naik  
Coordinator



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### HUMAN RIGHTS CELL

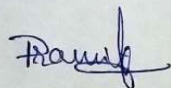
#### VOTER ENROLLMENT DRIVE SWEEP ACTIVITY

*"The rights of every man are diminished when the rights of one man  
are threatened."*

-John F. Kennedy

#### Report:

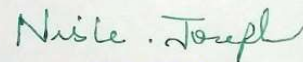
The Human Rights Cell conducted a "**Voter Enrollment Drive Sweep Activity**" on 13<sup>th</sup> Feb 2023 in Auditorium at 11:00 AM. 315 students was registered from all the courses. Our College Secretary Rev Sr. Dr. Margaret Fatima Mary, Principal Ms Nisha Joseph, Coordinator Dr Prameela and their team members initiated the program. The guest speaker Khazi Nafeeza, BBMP-Aero Sweep Officer, addressed the students on the above topic, she spoke about how to enroll Voter id and how to install in Mobile. She explained in step by step process. Important role of each vote. The right to vote is an essential element of democracy in any country. Finally, the session was ended up by delivering a vote of thanks.



Coordinator  
Human Rights Cell

St. Anne's Degree College for Women  
Halasuru, Bengaluru - 560 008





PRINCIPAL  
St. Anne's Degree College  
For Women

# 23, Cambridge Road, Halasuru,  
Bangalore - 560 008.

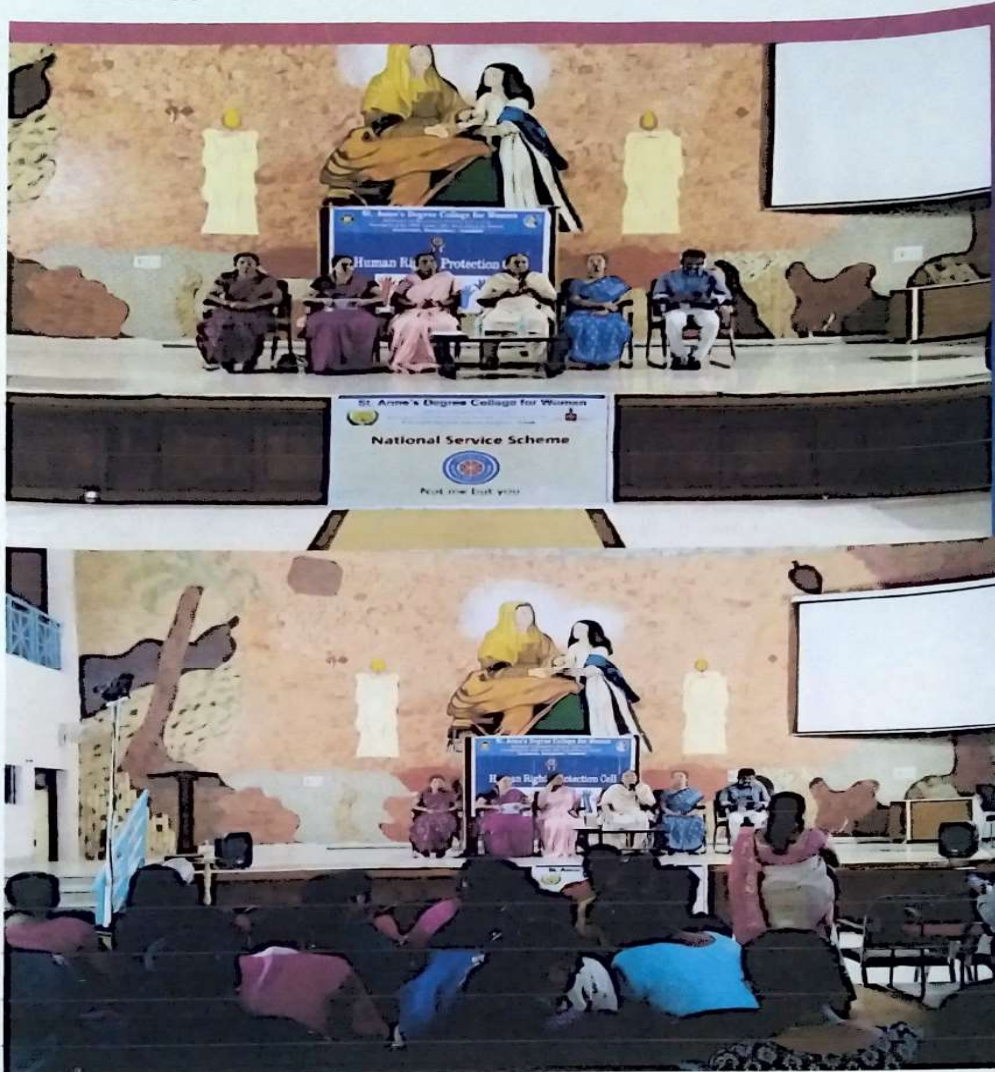


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## PHOTOS:





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*Dr. Anitha*  
**COORDINATOR**

**Coordinator**  
*Human Rights Cell*  
St. Anne's Degree College for Women,  
Halasuru, Bengaluru - 560 008



*Nisla Soeff*  
**PRINCIPAL**

**PRINCIPAL**  
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## RED CROSS WING



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### RED CROSS WING

#### Organized a Session on “Child Welfare” in RBNMS School”

**Date:** 26<sup>th</sup> June 2023

**Time:** 2:00 pm

**Mode:** offline

**Venue:** RBANM's School  
#1 Appaji Roa Lane, near Halasuru Police Station  
Bangalore-560008

**Total number of Participants:** 40

Presenters: 08

Faculty: 02

Students of RBNMS School: 30

**Objective:** To bring awareness about the student welfare measures and sharing their knowledge with the students of RBNMS School.

The Red Cross Wing is organizing a session on “Child Welfare-concerned with Physical, Social, and Psychological Well-being of Children” in RBNMS School by Rehab students on “26<sup>th</sup> June 2023” from 2:00 pm to 3:00 pm.

As a part of the Red Cross unit, the Department of Rehabilitation Science had brought an awareness about the student welfare measures, for class 5<sup>th</sup> by organizing a one-hour session. A group of 8 students have visited RBNMS School on 26<sup>th</sup> of June, from 2pm- 3pm.

**Discussion on topic such as:**

- Good touch and Bad touch.
- Personal Hygiene
- First Aid
- Nutritional Food
- Anti Bullying
- Discovering Hobbies and Maintaining them



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## Gallery



GPS Map Camera



Bengaluru, Karnataka, India  
46, Old Madras Rd, Halasuru, Gupta Layout, Bengaluru,  
Karnataka 560008, India  
Lat 12.975316°  
Long 77.625394°  
26/06/23 02:13 PM GMT +05:30



GPS Map Camera

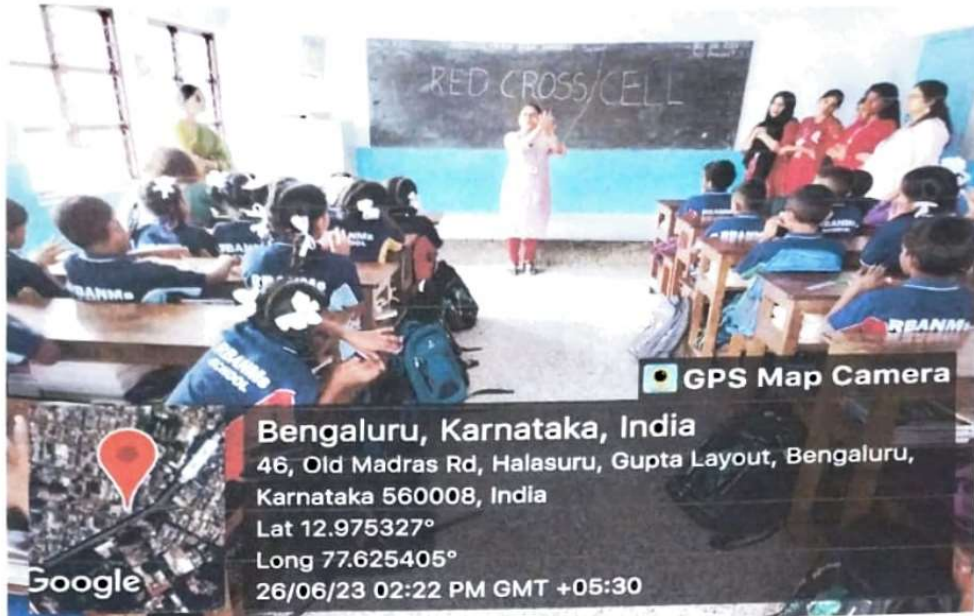


Bengaluru, Karnataka, India  
46, Old Madras Rd, Halasuru, Gupta Layout,  
Bengaluru, Karnataka 560008, India  
Lat 12.975309°  
Long 77.625397°  
26/06/23 02:07 PM GMT +05:30



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Bengaluru, Karnataka, India  
46, Old Madras Rd, Halasuru, Gupta Layout, Bengaluru,  
Karnataka 560008, India  
Lat 12.975327°  
Long 77.625405°  
26/06/23 02:22 PM GMT +05:30



Bengaluru, Karnataka, India  
XJGG+549, Halasuru, Gupta Layout, Bengaluru,  
Karnataka 560008, India  
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Long 77.625369°  
26/06/23 01:57 PM GMT +05:30

Coordinator

RED CROSS UNIT  
St. Anne's Degree College for Women,  
Halasuru, Bengaluru-560008



PRINCIPAL  
St. Anne's Degree College  
For Women  
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## RBANM's School

#1 Appaji Road Lane, near Halasuru Police Station  
Bangalore-560008

### *Certificate of Appreciation*

Awarded to The Red Cross Unit, St. Anne's Degree College for Women, Halasuru, in appreciation for your exceptional dedication and commitment in conducting the remarkable "Child Welfare" session held on 26-06-2023 for our students by your Red Cross Unit volunteers at our premises. This session helped our students to enhance their awareness of child well-being. We appreciate the Red Cross Unit and the Institute for implementing Child Welfare session in our institution

DATE: 26.06.2023

*R. Kalaiarasi*  
PRINCIPAL

RBANM, s School  
Head Mistress  
R.B.A.N.M'S Govindamma  
Senior Primary School  
Halasuru, Bangalore - 08



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## **ECO CLUB INITIATIVES**



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### Green initiatives 2022 - 2023

#### Maintenance of existing medicinal plants

Our campus has quite a lot of medicinal plants that were collected as part of green initiatives that we carried out in our college campus. These medicinal plants are nurtured by our students daily to ensure that the plants are healthy and the bear fruits. There are plants that we consistently use as first aid for our students, in case of any minor abrasions or wounds. This has created a psychological impact among students and lead them to maintaining and nurturing the plants.

#### Waste segregation enforcement

We have a team of students to create awareness on proper waste segregation. They have framed a set of rules pertaining to waste segregation and have circulated the rules to the entire students and staff in the college. They also monitor and enforce the rules to ensure proper segregation is happening. Through this enforcement and monitoring, now we are efficiently segregating the waste.

#### Energy and Water conservation awareness

St Annes college students and a Bangalore wide movement is built with an intent to train and sensitize the students and general public on the importance of energy & resource conservation to combat climate change. It imparts knowledge and understanding of natural resources and energy conservation to the young minds. This awareness is an on-going process where in greater number of students are involved in creating the awareness among the students and common public. This has created a tremendous amount of impact among the students, in terms of gaining the necessary knowledge and practically applying that.

Eco Club Coordinator

R Sindu

Coordinator  
ECO CLUB

St. Anne's Degree College for Women,  
Halasuru, Bengaluru-560008



Principal

Prof. Nisha Joseph

*Nisha Joseph*  
PRINCIPAL

St. Anne's Degree College for Women  
#23 Cambridge Road, Halasuru  
Bengaluru 560 008



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### GALLERY

#### Medicinal Plants Garden





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Waste segregation bin





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## Energy and Water conservation awareness



Eco Club Coordinator  
R Sindu

Coordinator  
ECO CLUB  
St. Anne's Degree College for Women,  
Halasuru, Bengaluru-560008



*Nisha Joseph*  
Principal  
Prof. Nisha Joseph

PRINCIPAL  
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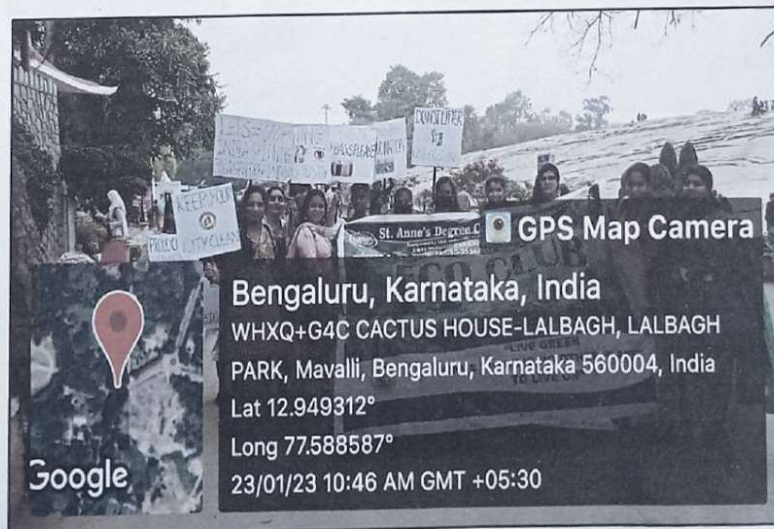
### Eco Club

#### Report on A Visit to Lalbagh

Eco Club of St. Anne's Degree College for Women organized 3 days educational trip "A Visit to Lalbagh" from 23/01/2023 to 25/01/2023. The students were accompanied by Mrs. Sindhu, department of EVS. The students were addressed by Rev. Dr. Fathima Mary, Secretary and Prof. Nisha Joseph, Principal. They started from the college at 8:30 am and reached the destination at 9:00 am.

The crew were welcomed by **Sahas E-Waste Organization** and the students were given snacks. Later on the students were asked to create awareness among the people. The tour helped the students to gain knowledge regarding preserving nature and how the awareness can be spread.

on day one (23/01/2023) the students were asked to check the visitors bags and to make sure that they didn't carry any food and drinks in plastic bags and any other plastic bottles.





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On day two (24/01/2023) the students had to ensure that best waste management. The students showed much interest in making the premises to be clean in various ways possible. The students used flash cards and carts to create awareness regarding the waste management.





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On day three (25/01/2023) the positive impact of plastic waste of food wrappers, plastic bags, plastic bottles, paper pieces, etc., were reduced. At the end of the day the students were provided with a certificate from **Sahas E-Waste Organization and center of Excellence of students work**. The tour provided knowledge and a wonderful experience to the students regarding preserving the nature.



Ms. Sindu  
Eco Club Coordinator

Coordinator  
ECO CLUB  
St. Anne's Degree College for Women,  
Halasuru, Bengaluru-560008



*Nisha Joseph*  
Prof. Nisha Joseph  
Principal

PRINCIPAL  
St. Anne's Degree College  
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### ECO CLUB

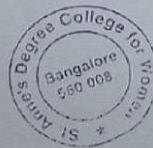
#### LALBAGH BOTANICAL GARDEN

#### ATTENDANCE REPORT-2022-2023

Sl. No.	NAME	REG	CLASS	23/01/2023	24/01/2023	25/01/2023	SIGNATURE
1.	Gayathri K	C20444 28	3 <sup>rd</sup> B Com A	P	P	P	<i>Gayathri K</i>
2.	Gayathri S	C20444 29	3 <sup>rd</sup> B Com A	P	P	P	<i>Gayathri S</i>
3.	Dharani R	C20444 22	3 <sup>rd</sup> B Com A	P	P	P	<i>Dharani R</i>
4.	Jennifer T	C20444 41	3 <sup>rd</sup> B Com A	P	P	P	<i>Jennifer T</i>
5.	Abhinaya M	C20444 01	3 <sup>rd</sup> B Com A	P	P	P	<i>Abhinaya M</i>
6.	Malini N	C20444 58	3 <sup>rd</sup> B Com A	P	P	P	<i>Malini N</i>
7.	Mamatha C M	C20444 60	3 <sup>rd</sup> B Com A	P	P	P	<i>Deepika</i>
8.	Indhu M	C20444 35	3 <sup>rd</sup> B Com A	P	P	P	<i>Indhu M</i>
9.	Ashwini V	C20444 12	3 <sup>rd</sup> B Com A	P	P	P	<i>Ashwini V</i>
10.	Dharshini S L	C20444 23	3 <sup>rd</sup> B Com A	P	P	P	<i>Dharshini S L</i>

*Jack*

Coordinator  
ECO CLUB  
St. Anne's Degree College for Women,  
Halasuru, Bengaluru-560008



*Nisla. Joseph*  
PRINCIPAL  
St. Anne's Degree College  
# 23,  
Bengaluru - 560 008



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## **HEALTH CLUB INITIATIVES**



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### CIRCULAR

5<sup>th</sup> Nov 2022

This is to inform that Health Club and The Department of Rehabilitation Science with IQAC in association with DS Research Centre will organize seminar on General Cancer Awareness on 7<sup>th</sup> Nov 2022 on "National Cancer Awareness Day" in the AV room between 11:40 AM – 12:40 PM.

*Khutaija Nazneen*  
Ms. Khutaija Nazneen  
Coordinator - Health Club

*Coordinator*  
*Health Club*  
St. Anne's Degree College for Women  
Halasuru, Bengaluru - 560 008

*Shobha T*  
Ms. Shobha T  
Head-Dept of Rehabilitation Science

*Head of the Department*  
*Department of Rehabilitation Science*  
*St. Anne's Degree College for Women*  
*# 23, Cambridge Road, Halasuru,*  
*Bangalore-560 008*

*Nisha Joseph*  
Prof. Nisha Joseph  
Principal

*PRINCIPAL*  
*St. Anne's Degree College*  
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**HEALTH CLUB AND  
DEPARTMENT OF REHABILITATION SCIENCE  
WITH IQAC IN ASSOCIATION  
WITH D.S RESEARCH CENTER  
ORGANIZES**

**SEMINAR ON  
"GENERAL CANCER AWARENESS"  
ON NATIONAL CANCER AWARENESS DAY**

**DATE** **TIME**  
**07 NOV 2022** **11:40 -12:40**  
**VENUE**  
**AV HALL**

Rev.Sr.Margaret  
Fathima Mary  
Secretary

Prof.Nisha Joseph  
Principal

Ms.Khutaija Nazneen  
Co-ordinator  
Healthclub

Ms.Shobha  
HOD  
Rehabilitation science





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### Health Club Report 2022-23

#### **Guest Session On General Cancer Awareness**

A guest session on "General Cancer Awareness" conducted on National Cancer Awareness Day by the Health Club and Department of Rehabilitation Science with IQAC in Association with D.S Research centre on 7<sup>th</sup> of November 2022 from 11:40-12:40 in A.V.Hall. Students from B.com and Rehabilitation Science participated in the session. We invited Dr.Divya, (BAMS, MD Ayu), from D S Cancer Research Centre, Halasuru, Bengaluru. She detailed about the warning signs of cancer like Change in Bladder habits, A sore that does not heal,, Unusual bleeding or discharge, Thickening or lump in the breast or elsewhere, Indigestion or difficulty in swallowing, Obvious change in wart or mole, Naggng cough or hoarseness of voice and Unintentional weight loss. She informed participants that significant portion of cancer could be prevented through lifestyles changes and cancer outcomes are significantly better if identified the symptoms and diagnosed early.

The session ended by clarifying doubts by students with Dr.Divya. The session proved to be very helpful to all the participants on getting awareness about the disease cancer on curing and precautions.



*Khutaj Nojra*  
Coordinator  
Health Club  
St. Anne's Degree College for Women,  
Halasuru, Bengaluru - 560 008



*Nisha Jeyell*  
PRINCIPAL  
St. Anne's Degree College  
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28<sup>th</sup> of January 2023

### CIRCULAR - Health Club

This is to inform that Health Club in collaboration with IQAC and in association with D S Research Centre will organize a guest session on "Cervical Health Awareness Session" on 30<sup>th</sup> of January 2023 in room 53 at 11:45am to 12:45pm. The resource persons are Dr. Divya and Ms. Geeta Dietician.

*Khutaija Nazneen*  
Ms. Khutaija Nazneen  
Co-ordinator

*Contributor*  
Health Club  
St. Anne's Degree College for Women,  
Halasuru, Bangalore - 560 008

*Nisha Joseph*  
Prof. Nisha Joseph  
Principal

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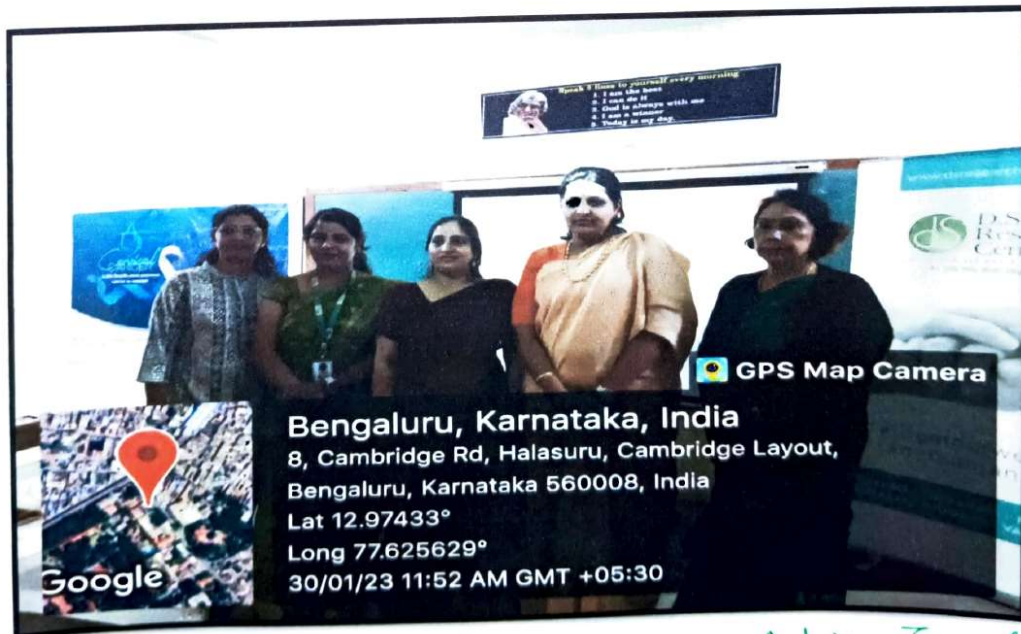
## 2.Cervical Health Awareness Session

The month of January is observed as 'Cervical Cancer Awareness Month', the Health Club in collaboration with IQAC and in association with D S Research Centre organized "Cervical Health Awareness Session". Dr.Divya, and Ms. Geeta Dietician from D S Research Centre delivered an awareness session on 30<sup>th</sup> of January 2023 between 11:45-12:45pm in room 53 to educate our students of young minds and raise awareness about cervical health.

Understanding Women's health issues related to Cervix also known, as Birth Canal cannot be ignored anymore. Presence of abnormal cells in Cervix increases the risk of Cancer development in Cervix. The purpose of this session is to give valuable awareness and understanding of cervical cancer, its causes, and the importance of early detection, HPV vaccination and to save as many Lives as possible. She also stressed on the importance of vaccines for human papillomavirus or HPV infections.

Ms. Geeta, Dietician from D.S. Research Centre emphasized on dietary changes, especially to avoid on sedentary foods and adopt health food habits that can lower cancer risk substantially.

By understanding the causes and risk factor through the Trusted Source from this session, our students can take steps to lower their risk of developing cervical cancer. They can also learn how to recognize the symptoms and seek support. It was a good opportunity for understanding the conditions on cervical cancer, ways of sharing information and resources with friends, family and close community around them. Overall the session proved to be very informative and interactive among students with concerned resource persons.



*Khutaiya Nagne*  
Coordinator  
Health Club  
St. Anne's Degree College for Women  
Halasuru, Bengaluru - 560 008



*Nile Joseph*  
PRINCIPAL  
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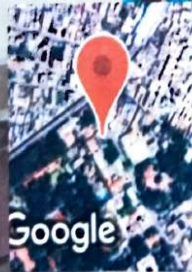
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## Bengaluru, Karnataka, India

St Annes Degree College For Women St Thomas Convent, 8,  
Cambridge Rd, Halasuru, Cambridge Layout, Bengaluru, Karnataka  
560008, India  
Lat 12.97435°  
Long 77.625631°  
30/01/23 12:37 PM GMT +05:30



## Bengaluru, Karnataka, India

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*Khushiya Wagneer*  
Coordinator  
Health Club

St. Anne's Degree College for Women,  
Halasuru, Bengaluru - 560 008



*Nishe Joseph*  
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### 3. Mime and Gynecologist session on Menstrual Health and Hygiene

The Health Club in collaboration with Red Cross Cell and IQAC in associated with the St. Anne's Hospital, Mysore had organized an exclusive day for the fresher's batch 2023-24. The college organized Mime and Gynecologist Talk on Menstrual Health and Hygiene. The program was conducted in the auditorium on 14<sup>th</sup> July 2023 at 9:30 am

Our St. Anne's Hospital Team performed the Mime at 9:30 am to 10:00am, it emphasized on the importance of saving water and to save trees for a better future. The mime also portrayed about Organ Donation – "Be A Hero, Be An Organ Donor". It created awareness and impact among the students on importance of every scene highlighted in the Mime.

The next programed was followed by the talk of the Resource Person Rev.Dr.Sr.Mary at 10:00am to 11:00 am. She provided great information about Menstrual Health by explaining the process of Female Menstruation. She also spoke on how the girls had to keep themselves hygienic during that time. Rev Dr.Sr. Mary provided valuable information in a very interactive and simple way. The students keenly listened and gained insight from her.



Bengaluru, Karnataka, India  
St Annes Degree College For Women St Thomas Convent, Halasuru, Cambridge Layout,  
Bengaluru, Karnataka, India  
Lat 12.996737°  
Long 77.600351°  
14/07/23 09:40 AM GMT +05:30

GPS Map Camera

*Khutaije Nazreen*  
Coordinator  
Health Club  
St. Anne's Degree College for Women  
Halasuru, Bengaluru - 560 008



*Nisile Joseph*  
PRINCIPAL  
St Anne's Degree College  
For Women  
# 23, Cambridge Road, Halasuru,  
Bangalore - 560 008.

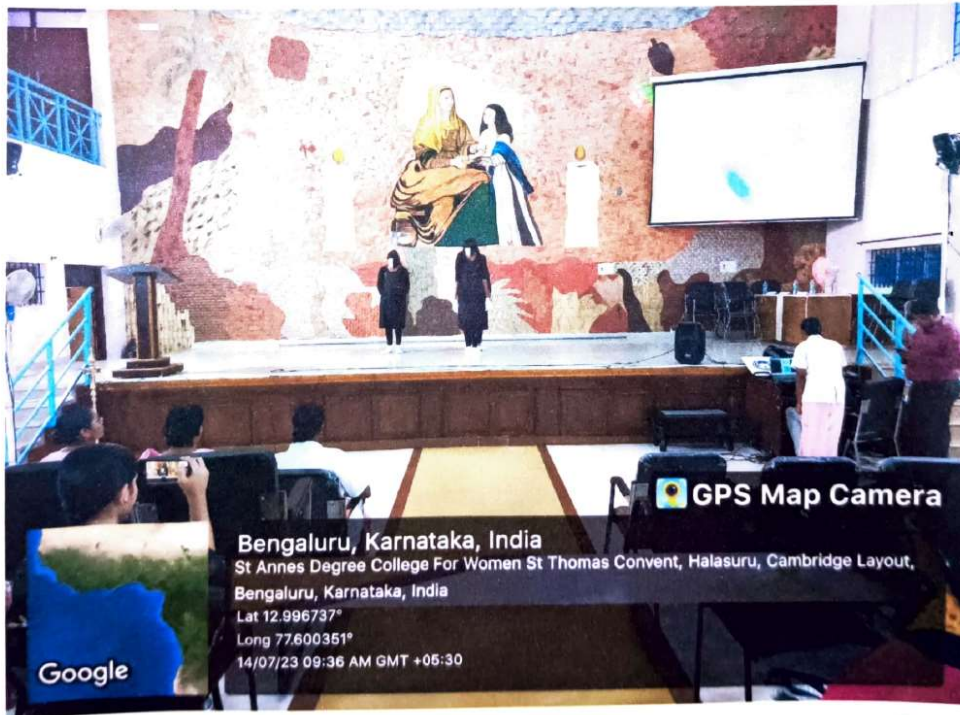


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## Mime Performance



*Malavika Moznar*  
Coordinator  
Health Club  
St. Anne's Degree College for Women,  
Halasuru, Bengaluru - 560 008.



*Nuite Joseph*  
PRINCIPAL  
St. Anne's Degree College  
For Women  
# 23, Cambridge Road, Halasuru,  
Bangalore - 560 008.



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11<sup>th</sup> July 2023

### **CIRCULAR - Health Club**

This is to inform that the Health Club in collaboration with IQAC in association with St. Anne's Hospital, Mysore is organizing Medical Checkup Camp in the College campus for Students, Teaching and Non-Teaching staff on 14<sup>th</sup> July 2023, Friday at 11:00 A.M. onwards.

Please note the following:

- Students who are interested need to give your name for medical check up to the health club members (names can be referred in college diary)
- Teaching, Non teaching and Supporting staffs will avail the services at your convenient hours.

*Khutaija Nazneen*

Ms. Khutaija Nazneen  
Co-ordinator

**Coordinator  
Health Club**

St. Anne's Degree College for Women,  
Halasuru, Bengaluru - 560 008

*Nisha Joseph*

Prof. Nisha Joseph  
Principal

**PRINCIPAL**  
St. Anne's Degree College  
For Women  
# 23, Cambridge Road, Halasuru  
Bangalore - 560 008.





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### Medical Check up Camp

The Health Club in association with IQAC and in collaboration with St Anne's Hospital, Mysore organized Medical health check up camp on 14th July 2023 in the College campus quadrangle for students, teaching, non-teaching staff and support staff from 10AM to 3PM

St. Anne's Hospital team set the counters up which began from Registration followed by weight & height check, BP check, Blood group check, HB, GRBS check and finally Doctor consultation by Rev Dr. Sr. Mary SSAM.

**Total participants were 200**

*Khutaja Nozner*  
Health Club Co-ordinator

Coordinator  
Health Club

St. Anne's Degree College for Women  
Halasuru, Bengaluru - 560 008



*Nilda Joseph*  
Principal

PRINCIPAL  
St. Anne's Degree College  
For Women  
# 23, Cambridge Road, Halasuru,  
Bangalore - 560 008.



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## 4. Medical Checkup Camp

The Health Club in association with IQAC and in collaboration with St Anne's Hospital, Mysore organized Medical Health Checkup Camp on 14th July 2023 in the college campus quadrangle for students, teaching, non-teaching staff and support staff from 10AM to 3PM

The counters were set up which began from Registration followed by weight /height check, BP check, Blood group check, HB, GRBS check and finally Doctor consultation by Dr. Mary.

Below are the details of the number of beneficiaries of the camp.

**Number of students: 157**

**Number of Teaching staff and Non- teaching staff: 27**

**Number of Support staff: 14**

**Total beneficiaries: 200**



*Khushi Nozren*  
Coordinator

Health Club

St. Anne's Degree College for Women,  
Halasuru, Bengaluru - 560 008.



*Nisile Joseph*  
PRINCIPAL

St. Anne's Degree College  
For Women

# 23, Cambridge Road, Halasuru,  
Bangalore - 560 008



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GPS Map Camera

Bengaluru, Karnataka, India

Paalanaa Bhavana, Archdiocesan Pastoral Centre, # 5, Nandidurg Road, Jayamahal Extension,  
Benson Town Post, Nandi Durga Road Extension, Jayamahal, Bengaluru, Karnataka 560046, India  
Lat 12.996737°  
Long 77.600351°  
14/07/23 10:41 AM GMT +05:30

Google



*Always No men*  
Coordinator  
Health Club

St. Anne's Degree College for Women,  
Halasuru, Bangalore - 560 008



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For Women  
# 23, Cambridge Road, Halasuru,  
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*Khatun Nazreen*  
Coordinator  
Health Club

St. Anne's Degree College for Women,  
Halasuru, Bengaluru - 560 008



*Nisile Joseph*

PRINCIPAL  
St. Anne's Degree College  
For Women  
# 23, Cambridge Road, Halasuru,  
Bangalore - 560 008.



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## AMBEDKAR CELL



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### SC/ST/OBC CELL

(Dr. Ambedkar Cell)

#### CIRCULAR


3<sup>rd</sup> July 2023.

The students of St Annes Degree College for Women are hereby informed that there will be guest Lecture on "Dr. B.R.Ambedkar's Idea of social justice for society". This is scheduled on 8<sup>th</sup> July 2023.

**Timings: 11:00 am.**

**VENUE: AV Hall.**

  
COORDINATOR

  
PRINCIPAL  
PRINCIPAL  
St. Anne's Degree College  
For Women  
# 23, Cambridge Road, Halasuru,  
Bangalore - 560 008.





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### PROGRAMME AGENDA

- Welcome dance
- Lighting of the lamp
- Welcome address
- Guest of Honor speech
- Vote of thanks

  
COORDINATOR

  
PRINCIPAL



PRINCIPAL  
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# 23, Cambridge Road, Halasuru  
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### SC/ST/OBC CELL REPORT 2023

The SC/ST/OBC Cell organised a guest lecture on Dr. B.R. Ambedkar's Idea of social justice for society. This was scheduled on 8<sup>TH</sup> July 2023. The program took place in the AV Hall at 11:00am.

The program started with the beautiful performance of the Welcome Dance. It was then followed by the Lighting of the lamp. The illuminating light was lit by our college dignitaries. There was a warm welcome address which was presented to the gathering.

It was followed by the talk of the Guest of Honor, Prof.Nisha Joseph. She spoke about the Social Justice and The Constitution . She explained the concept clearly with a Power Point Presentation. The students who were gathered there gained great insight about The Constitution. Finally the Vote of Thanks was rendered to the gathering .

There was a special Speech Competition conducted. It was on the Topic related to Dr. B.R. Ambedkar. Students enthusiastically participated in the speech competition . Certificates was given to the first three prize winners. With this the program was concluded.





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## GALLERY



*Nisla . Josefl*

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Lat 12.974238°  
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GPS Map Camera



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*Nisla Joseph*  
PRINCIPAL  
St. Anne's Degree College  
For Women  
# 23, Cambridge Road, Halasuru  
Bangalore - 560 008.



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Layout, Bengaluru, Karnataka, India  
Lat: 12.974257°  
Long: 77.626522°  
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St Annes Degree College For Women St Thomas Convent, Halasuru, Cambridge Layout, Bengaluru,  
Karnataka, India  
Lat 12.974257°  
Long 77.626522°  
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*Nisla Joseph*

PRINCIPAL  
St. Anne's Degree College  
For Women  
# 23, Cambridge Road, Halasuru,  
Bangalore - 560 008.



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India  
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Co-ordinator



  
Principal

PRINCIPAL  
St. Anne's Degree College  
For Women

# 23, Cambridge Road, Halasuru,  
Bangalore - 560 008.